

*Grow revenue, provide an outstanding program, empower staff and lead the way in the industry.  
Embrace culture change and deliver results that endure tomorrow.*

## **An Integrative Approach to Care:**

Functional Cognition    Personal Factors  
Best Practices    Culture Change    Team Approach

### **Why is this program different from others?**

This dynamic instructor, Pat Jakubiec has completed several years of on-site clinical development and training instruction. She will show you how to walk your team through the steps of change that are sustainable.

### **What you will receive:**

- An extensive handout packet that includes clinical guides/tools, activity programs, communication tips, dining strategies and a mobility program
- Family education packet
- Culture change assessment and implementation tools
- Team building activities
- The ground breaking book by Delaune Pollard: *"Caregivers Drowning in a Sea of Cognitive Challenges"*

### **Objectives:**

- The participant will . . .
- be able to describe the significance of understanding cognitive abilities through the use of standardized assessments.
  - demonstrate an understanding of how personal factors influence care.
  - develop intervention strategies that adapt cognitive abilities to meaningful tasks and experiences which influence positive outcomes and prevent problematic behaviors.
  - exhibit how an integrated team approach can best support individuals with cognitive disabilities.
  - implement the process of change within their organization.

### **Key Seminar Features and Highlights:**

- The **Cognitive Disability Model** originally developed by Claudia Allen as a framework for practice
- An **evidenced- based approach** to care
- Integrating of functional abilities with personal factors to design **meaningful programs** and **support culture change**
- **Problematic behaviors** can be understood, managed and prevented
- View a **case study** and **video demonstration**
- Physical and human **environmental modification** can improve function and outcomes
- **Skill shifting** programs emphasize the need for family caregivers on the team
- **The Alzheimer's Association best practice** recommendations will be made clear

### **What others are saying:**

*"This information can revolutionize healthcare."*

- Director of Nursing

*"We have a whole new way of understanding the people we care for."-Administrator*

*"I cannot wait to go back to work on Monday!"*

- Physical Therapist

*"This has gone beyond anything else that I have learned with the Allen tools."- Occupational Therapist*

*"I now have so much more success in my activity programs."-Activity Director*

**A quality integrated program promotes a person's well-being and supports financial and regulatory integrity by:**

- Reducing discharges due to hospitalizations for falls, injury, illness, weight loss, behavioral admissions, and client dissatisfaction
- Improving outcomes and survey results
- Reducing the burden of care
- Maximizing Part A and Part B revenue
- Having an innovative high quality program
- Reducing patient care costs, certain treatments, toileting products, labor costs, medications, supplement use and specialty equipment etc.
- Decreasing staff burnout and turnover rates by promoting empowerment and successful interventions
- Utilizing existing programs more efficiently
- Learn how to care for individuals with both severe and mild cognitive disability
- Promote wellness and social models of care at every stage of dementia

**Course Description:**

This program will describe current practice trends within the aged population. Information will be provided to understand what a person "can do" biologically, what they "will do" or are motivated to do, and what they "may do" or how social and physical environments influence function. Persons with deficits in functional cognition requiring ongoing care can lose touch with their personal histories, routines, habits, and preferences. This puts them at significant disadvantage in adjusting to and processing the human and non-human environment. A person's sense of self can become fragile and vulnerable and they may not realize their full potential.

The material presented will help the participant to better understand the behavioral responses in individuals and how they have an innate need to preserve their "sense of self."

Cognitive levels will be described in detail focusing on how the individual notices and uses information to influence behavior. The relevance of standardized assessments in directing care, and in predicting outcomes and behavioral patterns will be addressed.

Use of the Relevant Lifestyle Profiles will be described as a data gathering tool that provides an understanding of the clinical relevance that personal factors have in service delivery.

The program will discuss the use of assessments to understand how an individual processes incoming sensory information and uses it to maximize remaining abilities at all levels of functioning.

Special focus will be placed on dining, mobility, activity, restorative and wellness programs and how to tailor them to each organization's needs.

The benefits of using an integrative team will be emphasized. Current research, case studies and intervention strategies will be provided.

**Improving health through meaningful living is cost effective.**

**Presenter**

**Pat Jakubiec OTR/L** has twenty-five years of experience as an Occupational Therapist. She has worked extensively with individuals who have had mild to severe deficits in functional cognition in multiple settings including psychiatry and geriatrics. She is currently involved in clinical consultation, development and training around the country.

Pat serves as the president-elect of the Allen Cognitive Network and has chaired the education committee. She has been recognized for her work in the teaching and implementation of the Allen Cognitive Model in clinical settings. She has advanced training in the administration and clinical interpretation of the ACLS-5/LACLS-5.

Pat has lectured regionally and nationally and has been involved in university research projects. She was one of the featured speakers at this year's Allen Cognitive Network educational event.

***"We can better understand the individual, support their success and quality of life, reduce the burden of care and uncover the joy that can be experienced in care-giving in all stages of life."***

**Pat Jakubiec**

